

## CURRICULUM VITAE

**Edward Rydzak**

### OFFICE ADDRESS

Center for Digestive and Liver Health  
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Savannah, GA 31404

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### EDUCATION:

#### **High School:**

Poughkeepsie High School  
September 1975 - June 1979  
Honor, Scientific Diploma

Poughkeepsie, New York

#### **College:**

Boston University  
September 1979 – May 1983

Boston, Massachusetts

Major: Biology

Bachelor of Arts with Distinction (summa cum laude) awarded May 1983

#### **Graduate and Professional:**

Albany Medical College of Union University  
September 1983 – May 1987

Albany, New York

Doctor of Medicine awarded May 1987

**Postdoctoral Training:**

**Fellowship, Gastroenterology**

University of North Carolina at Chapel Hill                      Chapel Hill, North Carolina  
Fellow, Division of Digestive Diseases and Nutrition  
July 1991 – June 1994

**Residency, Internal Medicine**

Albany Medical Center Hospital                                      Albany, New York  
July 1988 – June 1990

Chief Resident, Internal Medicine

July 1990 – June 1991

**Internship**

Albany Medical Center Hospital                                      Albany, New York  
July 1987 – June 1988

**CERTIFICATION AND LICENSURE**

License to Practice Medicine:

State of Georgia (1994)

State of North Carolina (1991)

State of New York (1990)

Diplomate, American Board of Internal Medicine

(1990. Re-certified 2003)

Diplomate, American Board of Internal Medicine; Gastroenterology & Hepatology

(1993. Re-certified 2003)

**PROFESSIONAL**

**Faculty Appointments**

Associate Clinical Professor

Dept of Medicine

Medical College of Georgia; Augusta, Georgia

July 2000 – present

Assistant Professor

Dept of Medicine

Mercer University School of Medicine (Savannah Campus); Macon, Georgia

July 1997 – present

Assistant Clinical Professor  
Dept of Medicine  
Medical College of Georgia; Augusta, Georgia  
July 1996 – June 2000

Instructor  
Dept of Medicine  
University of North Carolina at Chapel Hill; Chapel Hill, North Carolina  
July 1991 – June 1994

Instructor  
Dept of Medicine  
Albany Medical College; Albany New York  
July 1990 – June 1991

Assistant Instructor  
Dept of Medicine  
Albany Medical College; Albany, New York  
July 1988 – June 1990

### **Employment Experience**

Managing Partner  
Center for Digestive and Liver Health, LLC  
Savannah, Georgia  
April 2003 - present

Founding Physician  
Center for Digestive and Liver Health, LLC  
Savannah, Georgia  
January 2001 - present

Founding Physician  
Savannah Center for Digestive and Liver Diseases  
Savannah, Georgia  
July 1994 – December 2000

Investigator  
Southeastern Digestive and Liver Disease Institute, P.C.  
Savannah, Georgia  
June 1999 – present

Chief Operating Officer  
Blue Heaven Real Estate, L.L.C.  
July 2001-present

Chief, Division of Gastroenterology  
Dept of Internal Medicine  
Memorial Health University Medical Center  
Savannah, Georgia  
January 1998 – 2002; 2006 - present

Curriculum Chief, Gastroenterology Subsection  
Dept of Internal Medicine – Education  
Memorial Health University Medical Center; Mercer University School of Medicine – Savannah  
Campus  
Savannah, Georgia  
July 1994 – December 1997; 2006 – present

Physician Consultant  
Medical Review of North Carolina  
March 1992 – June 1994

### **Professional Society Memberships**

American College of Physicians  
American Gastroenterological Association  
American College of Gastroenterology  
American Medical Association  
Georgia Gastroenterology Society  
Crohn's and Colitis Foundation of America  
Medical Association of Georgia

### **Committee Assignments**

Member, Memorial Health Foundation Board of Trustees; 2005 – present  
GIDU Committee, Memorial Health University Medical Center; Savannah, Georgia; 1994 – 2002  
GI Committee, St Joseph's / Candler Health System; Savannah; Georgia, 1997 - 2002  
Medical Education Curriculum Sub-Committee Member; 1994 – 1998  
Medical Education Committee Member; 1994 – 1998  
Cancer Committee Member, Memorial Medical Center; Savannah, Georgia; 1997  
Planning Committee: Gastroenterology Fellows' Conference of the Carolinas sponsored by A/M  
Group of Merck & Company; June 5 – 6, 1993 & April 16 – 17, 1994  
Gastrointestinal Clinic Committee; March 1993

### **Hospital Affiliations**

Memorial Health University Medical Center, Savannah, Georgia

Candler-St. Joseph's Health System, Savannah, Georgia

## **AWARDS AND HONORS**

Included in "Guide to America's Top Physicians" 2006 Edition by The Consumers' Research Council of America

Selected by consensus of peers to be included in *Best Doctors* in America for 2005-2006 (only 4% of all doctors in the U.S. are honored this way)

Included in "Guide to America's Top Physicians" 2005 Edition

Selected as one of the *Best Doctors* in America for 2003-2004

Selected as one of the *Best Doctors in America* for 2001-2002

Finalist "Physician of the Year" by the nurses of Memorial Health Univ. Medical Ctr.- 5/9/2002

Attending Physician of the Year, Memorial Medical Center Residency Program; 1998 – 1999

Honorable Mention, Clinical Vignette Competition, American College of Physicians National Meeting entitled, "A Case of Super-Warfarin Poisoning"

Winner, Clinical Vignette Competition, American of Physicians Upstate New York Regional Meeting entitled, "Familial Lower Esophageal Sphincter Dysfunction"

Inducted, Alpha Omega Alpha Medical Honor Society

Recipient of the College Prize for Excellence in Biology (Class of 1983-Top student)

Inducted, Phi Beta Kappa, Epsilon of Massachusetts (one of ten students inducted in the junior year)

Inducted, Alpha Epsilon Delta, Gamma of Massachusetts – Premedical Honor Society

Recipient of Junior Book Award for Distinction in Biology (Outstanding biology student, junior year)

Recipient of Phi Beta Kappa Junior Award (Outstanding Junior student)

## **RESEARCH EXPERIENCE**

### **Research Experience**

Directed Study: Biochemical techniques in enzymology (January 1982 – May 1982)

Biomedical Pilot Project: Evaluating the presence of a low molecular weight cathepsin inhibitor in a myriad of animal species (urine and serum). Mentor: CW Christopher, PhD, Assistant Research Professor; Boston University, Boston, Massachusetts (May 1982 – September 1982)

Independent Work for Distinction: Purifying and characterizing a low molecular weight cathepsin inhibitor from equine serum. Mentor: CW Christopher, PhD, Assistant Research Professor; Boston University, Boston, Massachusetts (September 1982 – May 1983)

### **Thesis**

Rydzak, E. (1983), "purification and Characterization of a Naturally-Occurring Low Molecular weight Cathepsin Inhibitor for Equine Serum." Thesis, Boston University. Boston, Massachusetts

### **Clinical Trial Experience**

Sub Investigator, Abbott Laboratories sponsored Clinical Trial: Long Term Safety and Efficacy of Zileuton in Patients with Ulcerative Colitis in Remission, 1991- 1993.

Sub Investigator, Abbott Laboratories sponsored Clinical Trial: Phase II Study of the safety and Efficacy of Oral Doses of Zileuton for Eight Weeks in patients with Ulcerative Colitis (Protocol M89-371), 1991 – 1993.

Sub Investigator, Synergen Laboratories sponsored Clinical Trial: A randomized double-blind, placebo controlled multicenter study of human recombinant interleukin-1 receptor antagonist in patients with ulcerative colitis (Protocol #0507), 1992 – 1993.

Sub Investigator, Salix Pharmaceuticals sponsored Clinical trial: A Phase III randomized placebo controlled double-blind dose response comparison of Colazide (balsalazide sodium) daily vs placebo in patients with active mild or moderate ulcerative colitis.

Sub Investigator, TAP Pharmaceuticals Inc sponsored Clinical Trial: Therapy with Lansoprazole & Clarithromycin and/or Amoxicillin the eradication of helicobacter pylori (Protocol M95-282).

Collaboration with R. Balfour Sartor, MD, (UNC Chapel Hill) on inflammatory bowel disease with projects involving cellular and cytokine mediators, 1995 – 1996.

Sub Investigator, Bio-Pharm/TAP clinical trial, “The use of lansoprazole in treatment of Helicobacter pylori,” 9/95-5/96.

Sub Investigator, “The use of 4-ASA in the treatment of mild to moderate Crohn’s disease of the small intestine,” 6/96-3/98.

Sub Investigator, Orphan Medical Trial OMC-SCFA-1, “A randomized, double-blind, placebo-controlled trial of Colomed; a short-chain fatty acid rectal enema in the treatment of radiation-induced proctitis and proctosigmoiditis,” 10/96-10/97.

Sub Investigator, Metabolic Solutions Trial, “An investigation of a blood test (EZ HBT--Helicobacter Blood Test) for Diagnosis of active H. pylori infection,” 4/97-7/99.

Sub Investigator, Schering-Plough protocol R96-418, “Intron A + Ribavirin for treatment of patients with Interferon-refractory or Interferon-relapsed chronic hepatitis C,” 5/97-7/98.

Sub Investigator, Boehringer Mannheim protocol MF-4417, “Multicenter, controlled, randomized, open study on the safety and efficacy of BM 80.1003 alone & in combination with interferon in comparison with interferon monotherapy & untreated control during 6 months active therapy & 6 months post-treatment observation in patients with chronic hepatitis B,” 5/97-1/98.

Sub Investigator, TAP Holdings protocol M96-619, “A study to evaluate the effects of lansoprazole

30 mg or 15 mg QD versus placebo in patients with non-ulcer dyspepsia,” 5/97-2/98.

Sub Investigator, Schering-Plough study, “Intron A + Ribavirin for patients with interferon-naïve chronic hepatitis C,” 8/97-10/98.

Sub Investigator, Glaxo-Wellcome protocol S3BA3001, “A 12-week randomized, double-blind, placebo-controlled study of alosetron on female patients with irritable bowel syndrome,” 9/97-8/98.

Sub Investigator, Astra-Merck study, “Multicenter randomized double-blind 8-week comparative efficacy and safety study of H199/18 40mg and omeprazole 20mg in study subjects with erosive esophagitis,” 9/97-3/98.

Sub Investigator, Astra-Merck study, “Multicenter open-label long-term safety study of H199/18 40mg in subjects with healed erosive esophagitis,” 9/97-9/98.

Sub Investigator, Glaxo-Wellcome protocol S3BA3003. “A randomized, multicenter, dose-response, double-blind, placebo-controlled study to evaluate the quality of life and safety associated with long-term use of alosetron (GR68755) in subjects with irritable bowel syndrome,” 11/97-8/98.

Sub Investigator, Cell Pathways, Inc. Protocol 011. “A randomized, multicenter, dose-response, double-blind, placebo-controlled study to evaluate the efficacy in causing polyp regression and the safety of FGN-1 in patients with sporadic adenomatous polyps of the colon,” 1998 – 1999.

Sub Investigator, Schering-Oncology Biotech (original research pilot study – Protocol SEDLDI-1). “Intron A + Ribavirin + Amantadine versus Intron A + Ribavirin for Treatment of Patients with Chronic Hepatitis C Not Previously Treated with Interferon: A Randomized Trial,” 1999 – present.

Sub Investigator, Cell Pathways protocol 011, “A randomized, multicenter, dose-response, double-blind, placebo-controlled study to determine the efficacy in causing polyp regression and the safety of FGN-1 in patients with sporadic adenomatous polyps of the colon,” 3/98 - 9/00.

Sub Investigator, Schering-Oncology Biotech, “Intron A + Ribavirin + Amantadine versus Intron A + Ribavirin for treatment of patients with chronic hepatitis C not previously treated with interferon: a randomized trial.” (original research-pilot study) 09/98 - present.

Sub Investigator, Amgen protocol #980170, “Use of Infergen in Hepatitis C patients who have not responded to Interferon/Ribavirin,” 3/99 – 7/00.

Sub Investigator, Genetics protocol C9853-14, “A Randomized, Double-Masked, Placebo-Controlled Study of Subcutaneously Administered Recombinant Human Interleukin-11 (rhIL-11) in Patients with Active Crohn’s Disease not treated with Prednisone,” 7/99 – 4/01.

Sub Investigator, Glaxo Wellcome protocol S3B30020, “A 24 Week Randomized, Open Label Study of Health Care Resource Use, Quality of Life and Productivity with Alosetron 1 mg Twice Daily versus Traditional Therapy in Females with Diarrhea Predominant Irritable Bowel Syndrome,” 12/99 - 10/00.

Sub Investigator, Kendle Searle protocol IQ4-99-02-005 in conjunction with the National Cancer Institute Protocol No-1CN-95015, "Prevention of Sporadic Colorectal Adenomas with Celecoxib," 4/00 – present.

Sub Investigator, AstraZeneca protocol 267. "Comparative Efficacy Study of Esomeprazole Magnesium (40 mg qd) and Lansoprazole (30 mg qd) in Patients with Erosive Esophagitis," 7/00 – 12/00.

Sub Investigator, "Comparison of PEG-interferon alfa-2b plus ribavirin given as fixed dose or on a weight-optimized basis for the treatment of chronic hepatitis C in previously untreated adult subjects." Schering Oncology Biotech IND #9243, 4/01-present.

Sub Investigator, "Dose Comparison Study of PEG-Interferon alfa 2b + ribavirin for patients with chronic hepatitis C who have not responded to standard interferon + ribavirin." Schering Oncology Biotech IND #9243, 6/01-present.

Sub Investigator, "A Multi-center Comparison of the Exact Panel with Hemocult II for the Detection of Colorectal Neoplasia in Average Risk Patients (The Exact Study). Exact Sciences (2001-01). 10/01-present.

Sub Investigator, Solvay Pharmaceuticals, protocol S2413011, "A Double-Blind, Placebo-Controlled, Randomized, Multicenter Study to Investigate the Safety and Efficacy of 2mg TID of Cilansetron Over 12 weeks followed by a 4-Week Rerandomized Treatment Period in Diarrhea-Predominant Irritable Bowel Syndrome Subjects. 01/02-present.

Sub Investigator, "Multi-center trial of topical nitroglycerine ointment in anal fissures." Cellegy protocol CP 12503-02-01, 2003

Sub Investigator, "A multi-center, randomized, double-blind, placebo-controlled study to determine the safety and efficacy of Pravastatin 80mg in hypercholesterolemic patients with chronic well-compensated liver disease." 2003-2004.

## **PUBLICATIONS**

### **Abstracts/Papers**

Rydzak E., Poulos A., Balint JA. Familial lower esophageal sphincter dysfunction. *Gastroenterology*. (suppl 2) May 1991; 100:5 (A).

Rauch AE, Weininger R, Pasquale D, Burkart PT, Dunn HG, Weissman C, Rydzak E. Superwarfarin Poisoning: a significant public health problem. *J Community Health*, 1994 Feb; 19(1): 55-65.

Murphy ME, Weber F, Rydzak E, Schweistris JE, Carpenter SL. Community experience with botulinum toxin injection for achalasia. *Gastroenterology Endoscopy* 1998.

**Book Chapters**

Sartor RB, Murphy ME, Rydzak E, Miscellaneous Inflammatory and Structural Disorders of the Colon in Yamada's Textbook of Gastroenterology, 4<sup>th</sup> edition, Lippencott Williams & Wilkens, Philadelphia 2003, pp 1791-1816.

Sartor RB, Murphy ME, Rydzak E; Miscellaneous Inflammatory and Structural Disorders of the Colon in Yamada's Textbook of Gastroenterology, 3rd edition, Lippencott Company, Philadelphia 1999; pp 1857-1883.

Sartor RB, Murphy ME, Rydzak E; Miscellaneous Inflammatory and Structural Disorders of the Colon in Yamada's Textbook of Gastroenterology, 2nd edition, Lippencott Company, Philadelphia 1995; pp 1806-1832.

**PRESENTATIONS**

ACP-ASIM 2000 Georgia Chapter Scientific Meeting; "Meet the Professor Lecture" on Hepatitis Update, May 20, 2000; Westin Savannah Harbor Resort; Savannah, Georgia.

Kleveland K, Rydzak E: Isolated Pemphigus Vulgaris of the Esophagus Presenting as Dysphagia. Southern Medical Association 90<sup>th</sup> Annual Scientific Assembly, Baltimore MD, November 20 – 24, 1996. Poster Presentation.

Kleveland K, Rydzak E: Isolated Pemphigus Vulgaris of the Esophagus presenting as Dysphagia. American College of Physicians, Georgia Chapter Meeting, Young Harris, GA, May 9 – 10, 1996. Third place, Clinical Vignettes.

Course Director for the Second Annual Southeastern Gastroenterology Symposium. "Advances in Gastroenterology," Savannah, GA, October 4 – 6, 1996.

Course Director for the First Annual Southeastern Inflammatory Bowel Disease, Memorial Medical Center, Savannah, GA December 9, 1995.

American College of Physicians Georgia Chapter Scientific Meeting; Roundtable discussion on various gastrointestinal topics, Braselton, Georgia, September 23, 1995.

American College of Physicians Upstate New York Regional Meeting, October 1990 Clinical Vignette: Familial Lower Esophageal Sphincter Dysfunction.

**ACTIVITIES**

Preceptor for Family Nurse Practitioners - Georgia Southern University, 2002

Preceptor for senior GI elective for students from the Medical College of Georgia and Mercer University Medical School

South College Physicians' Assistant Faculty, 1999

Physical Diagnosis Preceptor, October 1992 – March 1993

Current as of 06/22/2006

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Signature

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Date