PREPARATION INSTRUCTIONS FOR
ILEOSCOPY

| Procedure date: ________________ | Check in Time: ________________ | Physician: ___________________________ |
| Procedure Time: ________________ | | Mid-level Provider: ___________________________ |
| **If you need to reschedule, call:** | | FOLLOW UP APPOINTMENT is scheduled for: |
| □ Charlynn - (912)777-9032 | □ Cynthia - (912)790-2649 | □ Briana - (912)790-2645 |
| □ Richard - (912)790-2685 | □ Heather - (912)790-2827 | |
| Location to report to: | | Date: ________________ |
| o The Endoscopy Center – (912)303-4200 / (1139 Lexington Avenue) | | Check in Time: ________________ |
| o Bluffton Okatie Surgery Center – (912)303-4200 / (40 Okatie Ctr Blvd S Ste 125, Okatie, SC) | | Appointment Time: ________________ |
| o Memorial – (912)350-7832 / (Memorial Outpatient & Wellness Center) | | Physician: ___________________________ |
| o Candler Hospital – (912)819-6800 / (Professional Building) | | Mid-level Provider: ___________________________ |
| o St. Joseph’s Hospital – (912)819-2171 / (Day Surgery/Imaging Emergency Entrance, 2nd Fl.) | | Location to report to: |
| | | o 1139 Lexington Avenue, Savannah – (912)303-4200 |
| | | o 140 Traders Way, Pooler |
| | | o 40 Okatie Ctr Blvd S Ste 210, Okatie, SC |

**ILEOSCOPY** – A procedure performed to help identify and/or correct a problem with a colon. You will be sedated before an endoscope is inserted through the ileostomy (stoma-artificial opening at the surface of the abdominal wall) and gently moved around the bends of the colon. The procedure usually takes 30-60 minutes.

- Do NOT Stop taking: □ Aggrenox □ Brilinta □ Coumadin □ Effient □ Eliquis □ Plavix □ Pradaxa □ ____________________________
- **STOP taking:** □ Aggrenox □ Brilinta □ Coumadin □ Effient □ Eliquis □ Plavix □ Pradaxa □ ____________________________ for _____ days before procedure

Have you signed up for your patient portal yet? If not, please visit our website [www.savannahgi.com](http://www.savannahgi.com) to sign up and you can also find additional information such as: Colonoscopy prep instructions, FAQ’s and additional services provided.

### 7 DAYS BEFORE PROCEDURE

**STOP** ALL iron tablets and fiber supplements:
(Metamucil, Citrucel, Fiber-con, Benefiber, Konsyl, etc) along with corn, beans, nuts and seeds.

**Make sure you purchase one bottle of Magnesium Citrate**

Make arrangements for a responsible adult to come with you and **REMAIN** in the facility until you are discharged.

Your responsible adult must drive you home and be present with you the remainder of the day.

**There are no exceptions.**
You are not allowed to take a bus, taxi or leave the facility ALONE.
If you do not have a responsible adult with you to take you home, your exam cannot be done and will be cancelled.

### 2 DAYS BEFORE PROCEDURE

If unable to keep your procedure appointment, please call 912-303-4200 to cancel.

For patients who do not show for a procedure or do not cancel 2 days prior to their scheduled procedure time, a $150 fee will be charged.

### THE DAY BEFORE YOUR PROCEDURE

**Date:** ________________

Begin a clear liquid diet the morning prior to your procedure and continue throughout the day.

Clear liquids consist of coffee and/or tea with artificial sweeteners ONLY – (no milk, cream or sugar). Other choices are: water, diet sodas, beef and/or chicken broth, sugar free Jell-O and popsicles.

**Adequate hydration is very important.**

**AVOID** red or purple food coloring.

**NO SOLID FOODS**
If you are a diabetic and experiencing low blood sugar, you may take small sips of white grape juice.

### 5:00 pm THE DAY BEFORE THE PROCEDURE –

**Date:** ________________

Take one bottle of Magnesium Citrate.

Continue to have clear liquids all evening and up until 4 hours before the procedure.

### THE MORNING OF YOUR PROCEDURE

**Date:** ________________

You should only take blood pressure, heart, thyroid and/or seizure medications with a **SMALL SIP** of water.

### 4 HOURS BEFORE PROCEDURE

**Time:** ________________

**STOP** drinking ALL liquids including water. Anesthesia may cancel your procedure, if you have had ANY liquids within 4 hours before your procedure.

If you are diabetic:
Do NOT take oral medication or insulin the morning of the procedure.

However, if you are on an insulin pump, continue the basal rate only.

**Reminders:**

**NO smoking prior to anesthesia on the day of your procedure.**

Please bring a list of all your current medications, including any allergy or over-the-counter medications.

**Bring your current insurance card.**

Please wear comfortable, loose fitting clothing that is easy to step into.

Please leave all jewelry and valuables at home.

After your procedure is completed, you will NOT be able to drive, make any business decisions or perform any potentially risky work duties, so please plan accordingly.

If you have any questions or problems, please call us at 912-303-4200.