

Procedure date: _____ Check in Time: _____ Procedure Time: _____ Physician: _____ Location to report to: o The Center for Digestive and Liver Health – (912)303-4200 (1139 Lexington Avenue)	FOLLOW UP APPOINTMENT is scheduled for: Date: _____ Time: _____ Physician: _____ Location to report to: o 1139 Lexington Avenue, Savannah o 140 Traders Way, Pooler o 1010 Medical Ctr Dr Ste 100, Hardeeville, SC – (843)591-1390
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CAPSULE ENDOSCOPY – Is a capsule that helps your doctor examine your entire small intestine. You will need to ingest a vitamin pill-sized video capsule. The procedure usually takes about 30 minutes and the test continues for 8 hours.

******To ensure that you are prepped correctly, please ONLY follow these patient instructions******

Please inform your Doctor if you have a pacemaker, defibrillator or nerve stimulator.

<p><u>THE DAY BEFORE YOUR PROCEDURE</u></p> <p>Remain on clear liquids the entire day before your procedure.</p> <p>Your stomach and small intestine must be completely empty for an adequate examination.</p> <p><u>10 HOURS BEFORE YOUR PROCEDURE</u></p> <p>STOP drinking ALL liquids including water.</p>	<p><u>THE MORNING OF YOUR PROCEDURE</u></p> <p>Do NOT drink any liquids</p> <p>DO NOT take any medications</p> <p>Wear loose fitting clothing to accommodate the data recorder.</p> <p>Ladies NO dresses please.</p>	<p><u>2 HOURS AFTER YOUR PROCEDURE</u></p> <p>2 hours after ingesting the capsule, you may resume a clear liquid diet for the remainder of the test and take your routine medications.</p> <p>Return to the office 8 hours after ingesting the capsule to have the leads removed. After the leads are removed, you may resume a regular diet.</p> <p>Do NOT have an MRI or go near an MRI machine until you have passed the capsule.</p>	<p><u>Reminders:</u></p> <p><i>You will pass the capsule at which time you may or may not see it. If you do not see it, that is ok.</i></p> <p><i>Please bring a list of all your current medications, including any allergy or over-the-counter medications.</i></p> <p><i>Bring your current insurance card.</i></p> <p><i>Please leave all jewelry and valuables at home.</i></p> <p><u>If you have any questions or problems, please call us at 912-303-4200.</u></p>
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Foods allowed on clear liquid diet:

Coffee and/or tea with artificial sweeteners, **ONLY** – (NO milk, cream, or sugar)
 Diet sodas, beef and/or chicken broth, sugar free Jell-O, and popsicles

If you are diabetic and experiencing symptoms of low blood sugar, you may take small sips of white grape juice.

AVOID red or purple food coloring