

**Edward Rydzak, M.D., AGAF
CURRICULUM VITAE**

OFFICE ADDRESS

Center for Digestive and Liver Health
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Savannah, GA 31404
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EDUCATION:

College:

Boston University Boston, Massachusetts
September 1979 – May 1983
Major: Biology
Bachelor of Arts with Distinction (summa cum laude) awarded May 1983

Graduate and Professional:

Albany Medical College of Union University Albany, New York
September 1983 – May 1987
Doctor of Medicine awarded May 1987

Postdoctoral Training:

Fellowship, Gastroenterology

University of North Carolina at Chapel Hill Chapel Hill, North Carolina
Fellow, Division of Digestive Diseases and Nutrition
July 1991 – June 1994

Residency, Internal Medicine

Albany Medical Center Hospital Albany, New York
July 1988 – June 1990

Chief Resident, Internal Medicine

July 1990 – June 1991

Internship

Albany Medical Center Hospital Albany, New York
July 1987 – June 1988

CERTIFICATION AND LICENSURE

License to Practice Medicine:

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State of Georgia
State of North Carolina
State of New York
Diplomate, American Board of Internal Medicine
(1990. Re-certified 2003)
Diplomate, American Board of Internal Medicine; Gastroenterology & Hepatology
(1993. Re-certified 2003)

PROFESSIONAL

Faculty Appointments

Associate Clinical Professor
Dept of Medicine
Medical College of Georgia; Augusta, Georgia
July 2000 – present

Assistant Professor
Dept of Medicine
Mercer University School of Medicine (Savannah Campus); Macon, Georgia
July 1997 – present

Assistant Clinical Professor
Dept of Medicine
Medical College of Georgia; Augusta, Georgia
July 1996 – June 2000

Instructor
Dept of Medicine
University of North Carolina at Chapel Hill; Chapel Hill, North Carolina
July 1991 – June 1994

Instructor
Dept of Medicine
Albany Medical College; Albany New York
July 1990 – June 1991

Assistant Instructor
Dept of Medicine
Albany Medical College; Albany, New York
July 1988 – June 1990

Employment Experience

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Managing Partner
Center for Digestive and Liver Health, LLC
Savannah, Georgia
April 2003 - present

Founding Physician
Center for Digestive and Liver Health, LLC
Savannah, Georgia
January 2001 - present

Founding Physician
Savannah Center for Digestive and Liver Diseases
Savannah, Georgia
July 1994 – December 2000

Investigator
Southeastern Digestive and Liver Disease Institute, P.C.
Savannah, Georgia
June 1999 – present

Chief Operating Officer
Blue Heaven Real Estate, L.L.C.
July 2001-present

Chairman
Department of Internal Medicine
Memorial University Medical Center
January 2010 – present

Vice Chairman
Department of Internal Medicine
Memorial University Medical Center
January 2008 – January 2010

Chief, Division of Gastroenterology
Dept of Internal Medicine
Memorial Health University Medical Center
Savannah, Georgia
January 1998 – 2002, 1/2006-1/2010

Curriculum Chief, Gastroenterology Subsection
Dept of Internal Medicine – Education
Memorial Health University Medical Center; Mercer University School of Medicine – Savannah
Campus
Savannah, Georgia

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July 1994 – December 1997, 1/2006-1/2010

Physician Consultant
Medical Review of North Carolina
March 1992 – June 1994

Professional Society Memberships

American College of Physicians
American Gastroenterological Association, Fellow 5/2007
American College of Gastroenterology
American Society of Gastrointestinal Endoscopy
Georgia Gastroenterology Society
Crohn's and Colitis Foundation of America

Committee Assignments

Chairman, Internal Medicine Performance Improvement Peer Review Committee, Memorial University Medical Center
Trustee, Memorial Health Foundation Board of Directors: 2005-present
GIDU Committee, Memorial Health University Medical Center; Savannah, Georgia; 1994 – 2002
GI Committee, St Joseph's / Candler Health System; Savannah; Georgia, 1997 - 2002
Medical Education Curriculum Sub-Committee Member; 1994 – 1998
Medical Education Committee Member; 1994 – 1998
Cancer Committee Member, Memorial Medical Center; Savannah, Georgia; 1997
Planning Committee: Gastroenterology Fellows' Conference of the Carolinas sponsored by A/M Group of Merck & Company; June 5 – 6, 1993 & April 16 – 17, 1994
Gastrointestinal Clinic Committee; March 1993

Hospital Affiliations

Memorial Health University Medical Center, Savannah, Georgia
Candler-St. Joseph's Health System, Savannah, Georgia

AWARDS AND HONORS

Selected by consensus of peers to be included in *Best Doctors in America* for 2001-2010 (only 4% of all doctors in the U.S. are honored this way)
Patients' Choice recognition 2008 & 2009 – A physician most highly regarded by their patients (less than 5% of physicians nationally were accorded this honor by their patients)
Inclusion in "Guide to America's Top Gastroenterologists" – 2007 Edition by the Consumers' Research Council of America
Inclusion in "Guide to America's Top Physicians" - 2004-2007 Edition by The Consumers' Research Council of America
Finalist "Physician of the Year" by the nurses of Memorial Health Univ. Medical Ctr. - 5/9/2002
Attending Physician of the Year, Memorial Medical Center Residency Program; 1998 – 1999
Honorable Mention, Clinical Vignette Competition, American College of Physicians National

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Meeting entitled, “A Case of Super-Warfarin Poisoning”
Winner, Clinical Vignette Competition, American of Physicians Upstate New York Regional Meeting entitled, “Familial Lower Esophageal Sphincter Dysfunction”
Inducted, Alpha Omega Alpha Medical Honor Society
Recipient of the College Prize for Excellence in Biology (Class of 1983-Top student)
Inducted, Phi Beta Kappa, Epsilon of Massachusetts (one of ten students inducted in the junior year)
Inducted, Alpha Epsilon Delta, Gamma of Massachusetts – Premedical Honor Society
Recipient of Junior Book Award for Distinction in Biology (Outstanding biology student, junior year)
Recipient of Phi Beta Kappa Junior Award (Outstanding Junior student)

RESEARCH EXPERIENCE

Research Experience

Directed Study: Biochemical techniques in enzymology (January 1982 – May 1982)
Biomedical Pilot Project: Evaluating the presence of a low molecular weight cathepsin inhibitor in a myriad of animal species (urine and serum). Mentor: CW Christopher, PhD, Assistant Research Professor; Boston University, Boston, Massachusetts (May 1982 – September 1982)
Independent Work for Distinction: Purifying and characterizing a low molecular weight cathepsin inhibitor from equine serum. Mentor: CW Christopher, PhD, Assistant Research Professor; Boston University, Boston, Massachusetts (September 1982 – May 1983)

Thesis

Rydzak, E. (1983), “purification and Characterization of a Naturally-Occurring Low Molecular weight Cathepsin Inhibitor for Equine Serum.” Thesis, Boston University. Boston, Massachusetts

Clinical Trial Experience

Sub Investigator, Abbott Laboratories sponsored Clinical Trial: Long Term Safety and Efficacy of Zileuton in Patients with Ulcerative Colitis in Remission, 1991- 1993.

Sub Investigator, Abbott Laboratories sponsored Clinical Trial: Phase II Study of the safety and Efficacy of Oral Doses of Zileuton for Eight Weeks in patients with Ulcerative Colitis (Protocol M89-371), 1991 – 1993.

Sub Investigator, Synergen Laboratories sponsored Clinical Trial: A randomized double-blind, placebo controlled multicenter study of human recombinant interleukin-1 receptor antagonist in patients with ulcerative colitis (Protocol #0507), 1992 – 1993.

Sub Investigator, Salix Pharmaceuticals sponsored Clinical trial: A Phase III randomized placebo controlled double-blind dose response comparison of Colazide (balsalazide sodium) daily vs placebo in patients with active mild or moderate ulcerative colitis.

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Sub Investigator, TAP Pharmaceuticals Inc sponsored Clinical Trial: Therapy with Lansoprazole & Clarithromycin and/or Amoxicillin the eradication of helicobacter pylori (Protocol M95-282).

Collaboration with R. Balfour Sartor, MD, (UNC Chapel Hill) on inflammatory bowel disease with projects involving cellular and cytokine mediators, 1995 – 1996.

Sub Investigator, Bio-Pharm/TAP clinical trial, “The use of lansoprazole in treatment of Helicobacter pylori,” 9/95-5/96.

Sub Investigator, “The use of 4-ASA in the treatment of mild to moderate Crohn’s disease of the small intestine,” 6/96-3/98.

Sub Investigator, Orphan Medical Trial OMC-SCFA-1, “A randomized, double-blind, placebo-controlled trial of Colomed; a short-chain fatty acid rectal enema in the treatment of radiation-induced proctitis and proctosigmoiditis,” 10/96-10/97.

Sub Investigator, Metabolic Solutions Trial, “An investigation of a blood test (EZ HBT-- Helicobacter Blood Test) for Diagnosis of active H. pylori infection,” 4/97-7/99.

Sub Investigator, Schering-Plough protocol R96-418, “Intron A + Ribavirin for treatment of patients with Interferon-refractory or Interferon-relapsed chronic hepatitis C,” 5/97-7/98.

Sub Investigator, Boehringer Mannheim protocol MF-4417, “Multicenter, controlled, randomized, open study on the safety and efficacy of BM 80.1003 alone & in combination with interferon in comparison with interferon monotherapy & untreated control during 6 months active therapy & 6 months post-treatment observation in patients with chronic hepatitis B,” 5/97-1/98.

Sub Investigator, TAP Holdings protocol M96-619, “A study to evaluate the effects of lansoprazole 30 mg or 15 mg QD versus placebo in patients with non-ulcer dyspepsia,” 5/97-2/98.

Sub Investigator, Schering-Plough study, “Intron A + Ribavirin for patients with interferon-naïve chronic hepatitis C,” 8/97-10/98.

Sub Investigator, Glaxo-Wellcome protocol S3BA3001, “A 12-week randomized, double-blind, placebo-controlled study of alosetron on female patients with irritable bowel syndrome,” 9/97-8/98.

Sub Investigator, Astra-Merck study, “Multicenter randomized double-blind 8-week comparative efficacy and safety study of H199/18 40mg and omeprazole 20mg in study subjects with erosive esophagitis,” 9/97-3/98.

Sub Investigator, Astra-Merck study, “Multicenter open-label long-term safety study of H199/18 40mg in subjects with healed erosive esophagitis,” 9/97-9/98.

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Sub Investigator, Glaxo-Wellcome protocol S3BA3003. “A randomized, multicenter, dose-response, double-blind, placebo-controlled study to evaluate the quality of life and safety associated with long-term use of alosetron (GR68755) in subjects with irritable bowel syndrome,” 11/97-8/98.

Sub Investigator, Cell Pathways, Inc. Protocol 011. “A randomized, multicenter, dose-response, double-blind, placebo-controlled study to evaluate the efficacy in causing polyp regression and the safety of FGN-1 in patients with sporadic adenomatous polyps of the colon,” 1998 – 1999.

Sub Investigator, Schering-Oncology Biotech (original research pilot study – Protocol SEDLDI-1). “Intron A + Ribavirin + Amantadine versus Intron A + Ribavirin for Treatment of Patients with Chronic Hepatitis C Not Previously Treated with Interferon: A Randomized Trial,” 1999 – present.

Sub Investigator, Cell Pathways protocol 011, “A randomized, multicenter, dose-response, double-blind, placebo-controlled study to determine the efficacy in causing polyp regression and the safety of FGN-1 in patients with sporadic adenomatous polyps of the colon,” 3/98 - 9/00.

Sub Investigator, Schering-Oncology Biotech, “Intron A + Ribavirin + Amantadine versus Intron A + Ribavirin for treatment of patients with chronic hepatitis C not previously treated with interferon: a randomized trial.” (original research-pilot study) 09/98 - present.

Sub Investigator, Amgen protocol #980170, “Use of Infergen in Hepatitis C patients who have not responded to Interferon/Ribavirin,” 3/99 – 7/00.

Sub Investigator, Genetics protocol C9853-14, “A Randomized, Double-Masked, Placebo-Controlled Study of Subcutaneously Administered Recombinant Human Interleukin-11 (rhIL-11) in Patients with Active Crohn’s Disease not treated with Prednisone,” 7/99 – 4/01.

Sub Investigator, Glaxo Wellcome protocol S3B30020, “A 24 Week Randomized, Open Label Study of Health Care Resource Use, Quality of Life and Productivity with Alosetron 1 mg Twice Daily versus Traditional Therapy in Females with Diarrhea Predominant Irritable Bowel Syndrome,” 12/99 - 10/00.

Sub Investigator, Kendle Searle protocol IQ4-99-02-005 in conjunction with the National Cancer Institute Protocol No-1CN-95015, “Prevention of Sporadic Colorectal Adenomas with Celecoxib,” 4/00 – present.

Sub Investigator, AstraZeneca protocol 267. “Comparative Efficacy Study of Esomeprazole Magnesium (40 mg qd) and Lansoprazole (30 mg qd) in Patients with Erosive Esophagitis,” 7/00 – 12/00.

Sub Investigator, “Comparison of PEG-interferon alfa-2b plus ribavirin given as fixed dose or on a weight-optimized basis for the treatment of chronic hepatitis C in previously untreated adult subjects.” Schering Oncology Biotech IND #9243, 4/01-present.

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Sub Investigator, "Dose Comparison Study of PEG-Interferon alfa 2b + ribavirin for patients with chronic hepatitis C who have not responded to standard interferon + ribavirin." Schering Oncology Biotech IND #9243, 6/01-present.

Sub Investigator, "A Multicenter Comparison of the Exact Panel with Hemocult II for the Detection of Colorectal Neoplasia in Average Risk Patients (The Exact Study). Exact Sciences (2001-01). 10/01-2002

Sub Investigator, Solvay Pharmaceuticals, protocol S2413011, "A Double-Blind, Placebo-Controlled, Randomized, Multicenter Study to Investigate the Safety and Efficacy of 2mg TID of Cilansetron Over 12 weeks followed by a 4-Week Rerandomized Treatment Period in Diarrhea-Predominant Irritable Bowel Syndrome Subjects. 01/02-2003

Sub Investigator, "Multicenter trial of topical nitroglycerine ointment in anal fissures." Cellegy protocol CP 12503-02-01, 2003.

Sub Investigator, "A multicenter, randomized, double-blind, placebo-controlled study to determine the safety and efficacy of Pravastatin 80mg in hypercholesterolemic patients with chronic well-compensated liver disease." 2003-2004.

PUBLICATIONS

Abstracts/Papers

Rydzak E., Poulos A., Balint JA. Familial lower esophageal sphincter dysfunction. *Gastroenterology*. (suppl 2) May 1991; 100:5 (A).

Rauch AE, Weininger R, Pasquale D, Burkart PT, Dunn HG, Weissman C, Rydzak E. Superwarfarin Poisoning: a significant public health problem. *J Community Health*, 1994 Feb; 19(1): 55-65.

Murphy ME, Weber F, Rydzak E, Schweistris JE, Carpenter SL. Community experience with botulinum toxin injection for achalasia. *Gastroenterology Endoscopy* 1998.

Book Chapters

Sartor RB, Murphy ME, Rydzak E, Miscellaneous Inflammatory and Structural Disorders of the Colon in Yamada's Textbook of Gastroenterology, 4th edition, Lippencott Williams & Wilkens, Philadelphia 2003, pp 1791-1816.

Sartor RB, Murphy ME, Rydzak E; Miscellaneous Inflammatory and Structural Disorders of the Colon in Yamada's Textbook of Gastroenterology, 3rd edition, Lippencott Company, Philadelphia 1999; pp 1857-1883.

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Sartor RB, Murphy ME, Rydzak E; Miscellaneous Inflammatory and Structural Disorders of the Colon in Yamada's Textbook of Gastroenterology, 2nd edition, Lippencott Company, Philadelphia 1995; pp 1806-1832.

PRESENTATIONS

Clinical Skills Lecture. Sophomore Medical Students – Advanced Abdominal Examination. January 19, 2010. Mercer School of Medicine, Savannah Campus.

Clinical Skills Lecture. Freshman Medical Students – Basic Abdominal Examination. January 5, 2010. Mercer School of Medicine, Savannah Campus.

Physician Assistants Meeting Lecture. “The Burning Issue: Gastroesophageal Reflux Disease.” October 13, 2009. Statesboro, Ga.

Medical Resident Noon Conference: Update on GERD. October 1, 2009. Memorial University Medical Center.

Slaughter MD,C, Rydzak MD, E. : Lisinopril Induced Eosinophilic Gastroenteritis. American College of Physicians National Meeting. Poster Presentation. Philadelphia, Pa., April 2009

Clinical Skills Lecture. Freshman Medical Students-Basic Abdominal Examination. January 13, 2009. Mercer School of Medicine, Savannah Campus.

Combined Medicine and Surgery Grand Rounds. “Medical and Surgical Approaches to Gastroesophageal Reflux Disease”. January 2008. Memorial University Medical Center.

GI and Hepatology Disease Management Update. “Gastroesophageal Reflux Disease: Data-Based Management”. September 28-29, 2007. Memorial Health University Medical Center. Savannah, Ga.

Internal Medicine: Evidence-Based Update (Mercer University). “GERD: An Evaluation of the Evidence”. July 19-21, 2007. Sea Pines Resort. Hilton Head, South Carolina.

Generation One Public lecture. NSAIDS And Risk of Ulcers. April 26, 2007. Savannah, Ga.

Georgia Society of Gastroenterology Nurses and Associates Meeting. Capsule Endoscopy. March 31, 2007. Anderson Cancer Bldg, Savannah, Ga.

Case Conference- Internal Medicine Residents. Infectious Esophagitis. March 28, 2007. Memorial Health University Medical Center

Radiology Resident Noon Conference. “Esophageal Disorders.” December 21, 2006. Memorial Health University Medical Center.

Surgery Grand Rounds. “Swallowing Disorders.” December 14, 2006. Memorial Health University Medical Center

Georgia Society of Gastroenterology Nurses and Associates Meeting. “Clips, Probes, Needles and Handling GI Bleeds.” September 22, 2006. Savannah Marriott Riverfront, Savannah, Georgia

ACP-ASIM 2000 Georgia Chapter Scientific Meeting; “Meet the Professor Lecture” on Hepatitis Update, May 20, 2000; Westin Savannah Harbor Resort; Savannah, Georgia.

Kleveland K, Rydzak E: Isolated Pemphigus Vulgaris of the Esophagus Presenting as Dysphagia. Southern Medical Association 90th Annual Scientific Assembly, Baltimore MD, November 20 – 24, 1996. Poster Presentation.

Kleveland K, Rydzak E: Isolated Pemphigus Vulgaris of the Esophagus presenting as Dysphagia. American College of Physicians, Georgia Chapter Meeting, Young Harris, GA, May 9 – 10, 1996. Third place, Clinical Vignettes.

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Course Director for the Second Annual Southeastern Gastroenterology Symposium. "Advances in Gastroenterology," Savannah, GA, October 4 – 6, 1996.

Course Director for the First Annual Southeastern Inflammatory Bowel Disease, Memorial Medical Center, Savannah, GA December 9, 1995.

American College of Physicians Georgia Chapter Scientific Meeting; Roundtable discussion on various gastrointestinal topics, Braselton, Georgia, September 23, 1995.

American College of Physicians Upstate New York Regional Meeting, October 1990 Clinical Vignette: Familial Lower Esophageal Sphincter Dysfunction.

ACTIVITIES

Lecturer Mercer University School of Medicine, Savannah Campus. Clinical Skills Abdominal Exam

Physical Diagnosis Preceptor- Mercer School of Medicine 1st and 2nd year medical students (GI section)

Preceptor for Family Nurse Practitioners - Georgia Southern University, 2002

Preceptor for senior GI elective for students from the Medical College of Georgia and Mercer University Medical School

South College Physicians' Assistant Faculty, 1999

Physical Diagnosis Preceptor, October 1992 – March 1993